## Peer group

# Vietnamese MyTime Face to face or online

#### **Connect & learn together**

Vietnamese MyTime is a welcoming community for Vietnamese-speaking parents and carers of children with disabilities, developmental delays, or concerns about their child's development.

Facilitated by Vy Phan, Plumtree's Vietnamese family support worker, this informal gathering offers a relaxing space to share information, support each other, and unwind. It's a chance to connect with others who understand your experiences and get the support you need.

In addition to socializing, the group may feature guest speakers on topics of interest, and members have the opportunity to plan sessions around their specific needs. It's a supportive environment where you can take a break from appointments and therapy.

For more information, visit <u>www.mytime.net.au</u>

#### Cost

#### Free

#### Date and time

- Thursday fortnightly through term
- Session 1: Thursday 8 May
- Session 2: Thursday 22 May
- Session 3: Thursday 5 June
- Session 4: Thursday 19 June
- Session 5: Thursday 3 July
- All sessions 10am to 12pm

#### Location

Plumtree Yabsley Avenue, Jarvie Park Marrickville NSW 2204

#### This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

#### Childminding Childminding not available

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#### More information

For more information, feel free to contact the facilitator Vy Phan on vy.phan@plumtree.org.au



### Secure your spot now





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