Peer group

MyTime Marrickville

Face to face or online

Connecting parents with their peers

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

Ilt's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information, visit <u>www.mytime.net.au</u>

Visit our website to see the planned topic. However, feel free to bring up any topic during the session—your input is valued and always welcome.



Cost

Free

Date and time

Wednesday fortnightly through the term Session 1: Wednesday 26 February Session 2: Wednesday 12 March Session 3: Wednesday 26 March Session 4: Wednesday 9 April All sessions 11am to 1pm Sydney time MyTime special workshop: Wednesday 5 March; 7.30pm to 9.30pm AEST

Location

At Plumtree House 19 Yabsley Avenue, Marrickville NSW Please come through from the street, rather than the park.

This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

Childminding

Childcare is provided upon booking.

More information

For more information, feel free to email mana@plumtree.org.au

Register your interest

plumtree.org.au/event/mytime-peer-support







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