



# Learning Together

Term 1 2025



Plumtree is a not-for-profit, community-based organisation that helps families thrive.

Trusted for over 30 years, we provide therapies and support for children aged birth to 8 years with a disability or developmental delay and their families. Our free online and centre-based playgroups and parent educational programs support all families. At Plumtree Preschool, children of all abilities and cultural backgrounds learn together and begin to understand the value of inclusive communities.



Our award-winning, evidence based programs and resources help families take control of their learning and achieve positive outcomes.

Plumtree's passionate, culturally diverse team of specialists work from the heart in a caring environment where families feel respected and informed.

Phone: 02 9572 8840  
Email: [info@plumtree.org.au](mailto:info@plumtree.org.au)

Yabbsley Avenue Jarvie Park  
Marrickville NSW 2204  
Plumtree Children's Services  
ABN 62 664 994 050 · CFN 11220

Visit our website [www.plumtree.org.au](http://www.plumtree.org.au) and join the Plumtree mailing list or Facebook page to find out about our services and events.

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## Explorers Play Free Playgroup



**Meet other parents and talk to our highly skilled staff while your children socialise and learn new skills**

Playgroups are an excellent environment for children to learn new skills through meeting other adults and children. Our playgroups are a way for families to connect to Plumtree and other families in a friendly play environment where the whole family is welcome.

During Explorers Play, you will:

- Opportunities to connect with other families and share ideas and information, including the value of play and early childhood education)
- Enjoy a range of play activities
- Have opportunities for very young children to develop abilities in moving, playing and communicating
- Opportunities to meet other families and share information and ideas

Parents' involvement and interaction during each session are encouraged to get the best learning experience from this program.

Funded by the NSW Department of Education Start Strong Pathways program.

### Cost

Free

### Date and time

10x 1.5 hour session during School Term  
From Tues 15 October to Tues 17 December;  
9.30am to 11am

We understand that things come up unexpectedly, but we kindly ask families to commit to the term or let us know if plans change. This way, we can offer the opportunity to other families waiting to join.

### This program is for

For families of babies and children (up to the age of 3) who might have some concerns about their development.

However, we value inclusivity and welcome all who would like to participate.

### Location

Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
Marrickville, NSW, 2204

We are a COVID-safe organisation with measures in place for staff, families and other guests.

## Register your interest

[plumtree.org.au/event/explorers-play](http://plumtree.org.au/event/explorers-play)



# Music Together Free Playgroup



**Create opportunities for communication and interaction through musical fun**

Children learn social play skills such as turn-taking and sharing while being part of a group and following an enjoyable routine.

Music Together includes singing, playing percussion instruments, dancing and stories with a focus on interaction and communication.

The Playgroup is facilitated by Dr Amanda Niland, an experienced music specialist and it's for children with disability, developmental delay or neurodivergent aged 3-5 years old and their families.

Starting in a new group can sometimes be challenging. If your child finds it hard at first to be part of a group, we encourage you to keep on logging in to give them a chance to settle in.

Music Together is for children with disability, developmental delays or neurodivergence and their siblings.

To get the best learning experience from this program, parents involvement and interaction during each session is encouraged.

Funded by the NSW Department of Education Start Strong Pathways program.

**Cost**  
Free

### Date and time

8 x 45 mins session during school Term  
From Wed 23 October to Wed 11 December;  
All sessions 10am to 10.45am

We understand that things come up unexpectedly, but we kindly ask families to commit to the term or let us know if plans change. This way, we can offer the opportunity to other families waiting to join.

### This program is for

For families of children aged 3-5 who may have a disability, developmental delay, neurodivergence, or concerns about their development. However, we value inclusivity and welcome all who would like to participate.

### Location

Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
Marrickville, NSW, 2204

We are a COVID-safe organisation with measures in place for staff, families and other guests.

## Register your interest

[plumtree.org.au/event/music-together](http://plumtree.org.au/event/music-together)



# MyTime Marrickville

## Face to face or online



### Connecting parents with their peers

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

It's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information, visit [www.mytime.net.au](http://www.mytime.net.au)

Visit our website to see the planned topic. However, feel free to bring up any topic during the session—your input is valued and always welcome.

### Cost

Free

### Date and time

Wednesday fortnightly through the term

Session 1: Wednesday 26 February

Session 2: Wednesday 12 March

Session 3: Wednesday 26 March

Session 4: Wednesday 9 April

All sessions 11am to 1pm Sydney time

MyTime special workshop: Wednesday 5 March;

7.30pm to 9.30pm AEST

### Location

At Plumtree House

19 Yabsley Avenue, Marrickville NSW

Please come through from the street, rather than the park.

### This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

### Childminding

Childcare is provided upon booking.

### More information

For more information, feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

## Register your interest

[plumtree.org.au/event/mytime-peer-support](http://plumtree.org.au/event/mytime-peer-support)

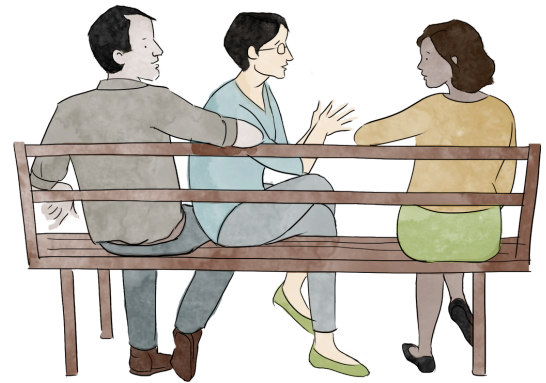


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# Vietnamese MyTime



## Connect & learn together

Vietnamese MyTime is a welcoming community for Vietnamese-speaking parents and carers of children with disabilities, developmental delays, or concerns about their child's development.

Facilitated by Vy Phan, Plumtree's Vietnamese family support worker, this informal gathering offers a relaxing space to share information, support each other, and unwind. It's a chance to connect with others who understand your experiences and get the support you need.

In addition to socializing, the group may feature guest speakers on topics of interest, and members have the opportunity to plan sessions around their specific needs. It's a supportive environment where you can take a break from appointments and therapy.

For more information, visit [www.mytime.net.au](http://www.mytime.net.au)

### Cost

Free

### Date and time

Thursday fortnightly through term  
 – Session 1: Thursday 24 October  
 – Session 2: Thursday 7 November  
 – Session 3: Thursday 21 November  
 – Session 4: Thursday 5 December  
 – Session 5: Thursday 12 December  
 All sessions 10am to 12pm

### Location

Plumtree  
 Yabsley Avenue, Jarvie Park  
 Marrickville NSW 2204



### This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

### Childminding

Childminding not available

### More information

For more information, feel free to contact the facilitator Vy Phan on [vy.phan@plumtree.org.au](mailto:vy.phan@plumtree.org.au)

## Register your interest

[www.plumtree/event/vietnamese-mytime](http://www.plumtree/event/vietnamese-mytime)

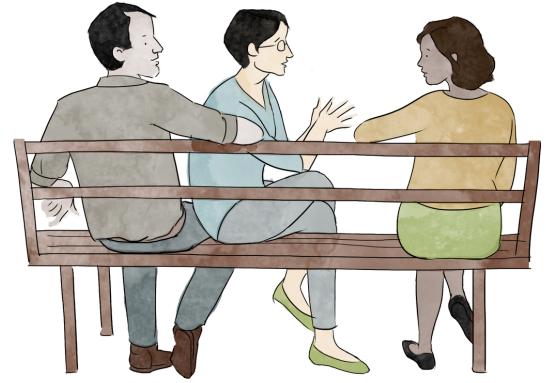


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# Nhóm hỗ trợ người Việt



## Kết nối & học hỏi cùng nhau

Vietnamese MyTime là một cộng đồng hỗ trợ dành cho các bậc phụ huynh và người chăm sóc nói tiếng Việt có con bị khuyết tật, chậm phát triển hoặc có lo lắng về sự phát triển của con mình.

Dưới sự điều phối của Vy Phan, nhân viên hỗ trợ gia đình của Plumtree, buổi gặp gỡ không chính thức này cung cấp một không gian thư giãn để chia sẻ thông tin, hỗ trợ lẫn nhau và thư giãn. Đây là cơ hội để kết nối với những người hiểu được trải nghiệm của bạn và nhận được sự hỗ trợ mà bạn cần.

Ngoài việc giao lưu, nhóm cũng có thể mời các diễn giả đến trình bày về các chủ đề quan tâm, và các thành viên có cơ hội lên kế hoạch cho các buổi gặp gỡ phù hợp với nhu cầu cụ thể của mình. Đây là một môi trường hỗ trợ nơi bạn có thể nghỉ ngơi khỏi các cuộc hẹn và liệu pháp.

Để biết thêm thông tin, vui lòng truy cập [www.mytime.net.au](http://www.mytime.net.au)

### Chi Phí

Miễn Phí

### Ngày và giờ

Thứ Năm hai tuần một lần trong học kỳ  
 – Buổi 1: Thứ Năm, ngày 24 tháng 10  
 – Buổi 2: Thứ Năm, ngày 7 tháng 11  
 – Buổi 3: Thứ Năm, ngày 21 tháng 11  
 – Buổi 4: Thứ Năm, ngày 5 tháng 12  
 – Buổi 5: Thứ Năm, ngày 12 tháng 12  
 Tất cả các buổi từ 10h đến 12h

### Địa Điểm

Plumtree  
 Yabsley Avenue, Jarvie Park  
 Marrickville NSW 2204



### Trông coi trẻ

Không có dịch vụ trông coi trẻ em

### Thêm thông tin

Để biết thêm thông tin, vui lòng liên hệ với điều hành viên Vy Phan hoặc [on vy.phan@plumtree.org.au](mailto:vy.phan@plumtree.org.au)

Đăng Ký để tham gia nhóm

[www.plumtree/event/vietnamese-mytime](http://www.plumtree/event/vietnamese-mytime)



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# Carer Gateway info session



## Support and resources for your caring role

Are you a parent, carer, or family member of a child with a disability, developmental delay, or concerns about their development?

The Carer Gateway, a national support service, provides free, personalized assistance to help you navigate the challenges of caregiving. Whether you're looking to reduce stress, plan ahead, or access helpful resources, the Carer Gateway is here to support you.

In this session, we'll explore a range of services, including counselling, peer support, planned and emergency respite, and carer-directed packages. You'll also learn how to navigate the carer support planning process and access these services.

You'll hear from Kylie, a peer worker at Plumtree, who will share her personal experience with the Carer Gateway, offering valuable insights into how these supports can make a difference.

Join us to:

- Gain a clear understanding of the Carer Gateway and its services
- Learn how to access support
- Receive guidance on carer support planning
- Hear from another parent about their experience with the Carer Gateway

### Cost

Free

### Date and time

Thursday 5 December; 7.30pm to 9.30pm\*  
AEST/NSW Time

\*Please adjust for your time zone if necessary.

### Location

Online via Zoom

### This program is for

For families of children who may have a disability, developmental delay, neurodivergence, or concerns about their development.

### More information

This session will be hosted by Shanelle Beazley - Partnership and Engagement Officer at the Benevolent Society.

For more information, feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

## Register your interest

[plumtree.org.au/event/carers-gateway-info-session](http://plumtree.org.au/event/carers-gateway-info-session)



This session is sponsored by MyTime.

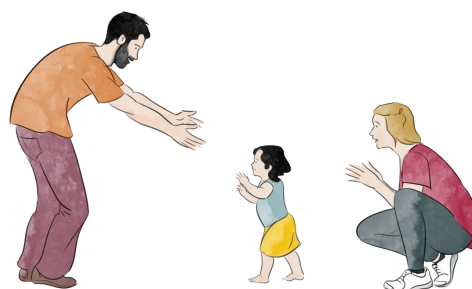


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## Circle of Security Monday evening



**An evidence-based program that supports and strengthens child-parent relationships.**

Circle of Security is an evidence-based program that supports and strengthens child-parent relationships. Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How can we honour our innate wisdom and desire for our children to feel secure?

While Circle of Security is not a disability-specific program, it will allow families to use the approach to their child's specific needs.

### Cost

Free

### Date and time

8 x weekly online sessions; 2 hours each  
From Monday 10 February to Monday 31 March;  
7.30pm to 9.30pm\* AEST/NSW time

[\\*Make sure to adjust to your time zone](#)

### Location

Online via Zoom

### This program is for

All parents and caregiver of children aged 0-12 years old

### More Info

If you would like to discuss this program further, please feel free to contact Mana at [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

Express your interest

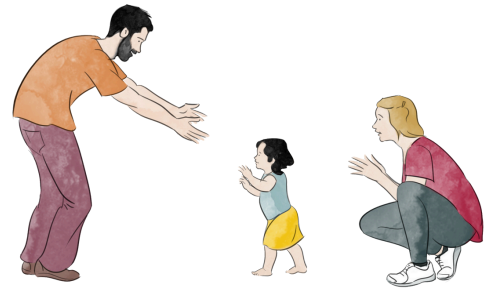


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# Circle of Security Tuesday evening



**An evidence-based program that supports and strengthens child-parent relationships.**

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Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How can we honour our innate wisdom and desire for our children to feel secure?

While Circle of Security is not a disability-specific program, it will allow families to use the approach to their child's specific needs.

**Cost**  
Free

**Date and time**

8 x weekly online sessions; 2 hours each  
From Tuesday 11 February to Tuesday 1 April,  
7.30pm to 9.30pm\* AEST/NSW time

[\\*Make sure to adjust to your time zone](#)

**Location**

Online via Zoom

**This program is for**

All parents and caregivers of children aged 0-12 years old

**More Info**

If you would like to discuss this program further, please feel free to contact Mana at [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

Express your interest



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## Tuning into kids



### Foster your child's emotional development

Tuning into Kids is a six-session, evidence-based program designed to help you in guiding your child to develop emotional intelligence.

It provides skills in emotion coaching, which is about recognising, understanding and managing your and your child's emotions. When children develop these emotional skills they are better able to negotiate the ups and downs of life.

Learn about:

- How to tune in to your child's emotion and their emotional experience
- How to be better at talking to your child and create opportunities for connections with your child
- New strategies to manage tricky moments
- How to help your child manage their emotions and manage conflict

While this is not a disability-specific program, it will provide families with an opportunity to use the Tuning into Kids approach to their child's specific needs. It will also provide you with a deeper understanding of brain development and the vital role a parent plays in supporting and influencing our children's decision-making choices.

**Cost**  
Free

**Date and time**  
7 x weekly online sessions; 2 hours each;  
From Wednesday 12 February to  
Wednesday 26 March to  
7.30pm to 9.30pm\* AEST/NSW time  
[\\*Make sure to adjust to your time zone](#)

**Location**  
Online via Zoom

**This program is for**  
All parents and caregivers of a child aged 4-12 years old

**More Info**  
If you would like to discuss this program further, please feel free to contact Mana at [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

Express your interest



# Now & Next™



## Discover strategies that achieve lasting positive change for your child and family

Life can be overwhelming for parents or carers if their children don't develop or behave in the same way as other children. Parents often wonder if there is something more they could be doing to help.

Now & Next is an 8-session interactive program that can help you make a positive difference for your child and the whole family.

We know that parents and carers make the biggest difference in their child's life. Your time is valuable. Now & Next has changed the lives of families with strategies that work—and we have been measuring the outcomes that prove it.

### Join the program and you will

- Learn how to achieve more with less effort
- Use your strengths to make small changes that create a big impact for your child
- Learn how to increase the well-being and resilience of your entire family
- Learn strategies that have worked for other families
- Use our practical toolkit to get the best for your child when funding is limited

### Cost

#### [For families connected to the NDIS](#)

The total cost is \$1,232 AUD per person or couple.

The cost of the program can be covered using:

- NDIS funding
- Private Payment

#### [For families in Australia not connected to the NDIS](#)

Please register your interest online, and one of our friendly peer facilitators will contact you to discuss available options.

#### [For families in New Zealand and the rest of the world](#)

Please contact Eram at [eram@fitrust.org](mailto:eram@fitrust.org) for more details

### Date and time

See our website for available dates and times

### Location

Online via Zoom

### This program is for

Parents, family members and primary carers of children with disability, developmental delay or neurodivergence aged 0-12 years old.

### More Info

For more information, please contact the Now & Next team [eram@plumtree.org.au](mailto:eram@plumtree.org.au)

Learn more



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## Getting ready for school: Communication passport



### Create opportunities for positive introduction of your child at school

Communication Passports are a practical way to introduce children positively and as individuals when they cannot articulate their needs clearly.

This workshop will assist you to put together a communication passport for your child to share information about them with others in a variety of setting (schools, OOSH, sleep overs, school camps etc...)

#### Come along to explore:

- Ways to present your child positively as an individual
- Communicate information about your child's needs to others in an accessible way
- Share your child's views and preferences with others.
- Everyone attending will receive a template of a communication passport. There will be time for questions at the end of the session

Everyone attending will receive a template of a communication passport. There will be time for questions.

**Cost**  
Free

**Date and time**  
Wednesday 29 October  
7.30pm to 9pm\* AEST/NSW time  
*\*Make sure to adjust to your time zone*

**Location**  
Online via Zoom

**This session is for**  
For families of children who have just started school or starting school in 2025 who may have a disability, developmental delay, neurodivergence, or concerns about their development. However, we value inclusivity and welcome all parents who would like to participate.

**More information**  
For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

## Register your interest

[www.plumtree.org.au/event/school-readiness-communication-passport](http://www.plumtree.org.au/event/school-readiness-communication-passport)



# Play: A Building Block of Child Development

## The important role of early play in learning & development



Research shows that play is a critical part of the way children learn. Many families, however, find that play is harder when their child has a delay or disability. In this workshop, we will explore some new ideas for supporting your child's play and activities and toys that are good to encourage play.

Join us to share new ideas to support your child's early play.

Come along to explore:

- How does play fit in with getting your child to be ready for school
- How do we engage a reluctant player
- What are the different stages of play
- Recognising your child's stage of play development and how to support them into the next step
- What to do when other children don't want to play with your child

There will be time for questions at the end of the session

**Cost**  
Free

### Date and time

Monday 25 November

10.30am to 12pm\* AEST/NSW time

*\*[Make sure to adjust to your time zone](#)*

### Location

Online via Zoom

### This session is for

Parents, primary carers and family members of children aged 6 months to 4 years.

This workshop was designed with young children with disability or developmental delays in mind however, many of the strategies are relevant to all children.

### More information

For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

## Register your interest

[www.plumtree.org.au/event/play-building-block-child-development/](http://www.plumtree.org.au/event/play-building-block-child-development/)



# Building relationships for a thriving family



## Let's explore how to foster positive family outcomes through relationship health

One of the most important relationships we have is with our partner, and sometimes, we need to reconnect. Navigating the complexities of life yet not losing sight of the vision we hold for ourselves, our relationships, and our families can be challenging.

A healthy relationship with our partner leads to better family outcomes because everybody thrives when we, as parents, thrive. This requires communication, but how well do we know the layers of connection needed?

This workshop will guide you to renew, refresh and perhaps rediscover connections for a stronger relationship. It focuses on a positive approach to helping your family flourish as you and your partner move towards your goals.

Come along to explore:

- The power of reflection to gain clarity about what's important for you
- The key areas and importance of having a connected vision
- The Relationship T.H.R.I.L.L.S. framework

**Cost**  
Free

### Date and time

Tuesday 10 December

7.30pm to 9.00pm\* EAST/NSW time

\*[Make sure to adjust to your time zone](#)

### Location

Online via Zoom

### This session is for

Parents, primary carers and family members of children with disability, delay or developmental concerns aged 0-12 years

### More information

For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

The 'Let's talk about..' sessions are designed by families for families to discuss various topics and learn together. The sessions are facilitated by trained parent-peer workers raising a child with developmental delay or disability. Guest speakers might also be invited.

## Register your interest

[plumtree.org.au/event/lta-building-relationships-for-a-thriving-family/](http://plumtree.org.au/event/lta-building-relationships-for-a-thriving-family/)



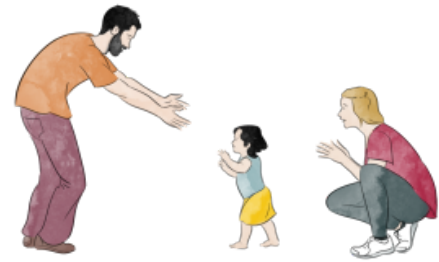
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# The role of family wellbeing on your child's positive outcomes



## Let's explore how to shift from survival to thriving mindset with the PERMA framework

Parents often think focusing on their child is more important than looking after themselves—but that's not true! Join us for a practical workshop on how prioritising your wellbeing also leads to positive changes for your child.

Sometimes parents can get stuck in survival mode. Learn how to shift to a flourishing mindset through applying PERMA, an evidenced-based framework for wellbeing. Discover how reflection and applying simple actions can achieve greater happiness for the whole family.

### Come along to learn more about:

- The connection between parental wellbeing and positive child outcomes
- Small shifts that start positive change
- Moving from survival mode to a flourishing mindset using practical tools
- PERMA, an evidence-based framework to improve wellbeing
- An activity that provides an experience of positive change in your wellbeing

**Cost**  
Free

### Date and time

Thursday 7 September

7.30pm to 9.00pm\* AEDT/NSW time

*\*[Make sure to adjust to your time zone](#)*

### Location

Online via Zoom

### This session is for

Parents, primary carers and family members of children with disability, delay or developmental concerns aged 0-8 years.

### More information

For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

The 'Let's talk about..' sessions are designed by families for families to discuss various topics and learn together. The sessions are facilitated by trained parent-peer workers raising a child with developmental delay or disability. Guest speakers might also be invited.

## Register your interest

[plumtree.org.au/event/lta-family-wellbeing-perma](http://plumtree.org.au/event/lta-family-wellbeing-perma)



## Promoting your child's choice and voice



### Nurture your child's decision making and independence

It's never too early to begin nurturing your child's decision-making skills, empowering them to make choices and guiding them to become more independent and thrive in the future.

A child's "voice" encompasses more than their physical one; it includes their thoughts, feelings, and preferences. Everyone has the potential to become strong, confident, and capable, and encouraging your child's voice in decision-making supports this growth

#### During this interactive session you will:

- Learn about a practical model to develop your child's voice.
- Discuss the choices you currently offer your child.
- Take away practical strategies and resources to encourage your young child's voice and choice, helping them build confidence and independence.

**Cost**  
Free

#### Date and time

Thursday 28 November

7.30pm to 9.00pm\* AEDT/NSW time

\*[Make sure to adjust to your time zone](#)

#### Location

Online via Zoom

#### This session is for

Parents, primary carers and family members of children with disability, delay or developmental concerns aged 0-12 years

#### More information

For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

The 'Let's talk about..' sessions are designed by families for families to discuss various topics and learn together. The sessions are facilitated by trained parent-peer workers raising a child with developmental delay or disability. Guest speakers might also be invited.

## Register your interest

[www.plumtree.org.au/event/child-choice-voice](http://www.plumtree.org.au/event/child-choice-voice)



Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204  
Phone: 02 9572 8840

Email: [info@plumtree.org.au](mailto:info@plumtree.org.au)  
[www.plumtree.org.au](http://www.plumtree.org.au)  
ABN 62 664 994 050  
CFN 11220



# Understanding sensory support for your child



## Let's explore the sensory needs of our children and possible strategies that can help with sensory regulation

Children with sensory processing challenges react differently to sight, sound, taste, smell, and touch. Their behaviour, social interactions, and development can be significantly influenced by their surroundings, whether at home, school or in the community.

For example, a child who is undersensitive may seek out constant movement and enjoy physical contact, like hugging. However, sitting still and focusing might be difficult for them. On the other hand, a child who is oversensitive may struggle in busy, brightly lit environments and want to avoid loud noises or crowded places.

This workshop will help you gain insights into your child's unique sensory needs and provide practical strategies for sensory regulation, empowering you to support their well-being more effectively.

### Join us to explore:

- The differences between sensory seekers and avoiders
- How to identify challenging behaviors caused by unmet sensory needs
- Practical tips for creating a sensory-friendly environment
- Effective strategies for managing transitions and helping your child regulate their emotions

**Cost**  
Free

### Date and time

Thursday 12 November  
7pm to 9pm\* AEDT/NSW time

[\\*Please adjust for your time zone if necessary.](#)

### Location

Online via Zoom

### This session is for

Parents, primary carers and family members of children with disability, delay or developmental concerns aged 0-8 years

### More information

For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

The 'Let's talk about...' sessions are designed by families for families to discuss various topics and learn together. They are facilitated by trained parent-peer workers raising a child with developmental delay or disability.

## Register your interest

[plumtree.org.au/event/understanding-sensory-support-for-your-child](http://plumtree.org.au/event/understanding-sensory-support-for-your-child)



Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
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## Sharing Sensitive News



### Learn practical strategies to discuss developmental concerns with families.

Professionals working with young children often say that one of the hardest parts of their job is sharing sensitive information about their child's development with parents.

These two-session mini courses provide early childhood educators with specific strategies for sharing information with parents in a way that emphasizes active listening and promotes positive collaboration.

When we share the news in a sensitive, family-centred way and respectful of parents' points of view, we significantly improve the chances for successful collaboration.

During this interactive course, you will:

- Identify why information may be difficult for educators to share and difficult for parents to hear
- Identify strategies to make sharing sensitive information more effective.
- Clearly share information in a way that actively involves parents in the discussion and is sensitive to their feelings and perspective.
- Share experiences of working with families.
- Identify barriers to sharing information

This program has been designed by the Hanen Centre.

Participants will receive a checklist template for sharing sensitive news with families.

### Cost

\$250

### Dates and times

2 sessions; 2 hours each;

Module 1: Tuesday 5 November | 5pm – 7.30pm  
AEST/NSW Time

Module 2: Tuesday 19 November | 5pm – 7:30pm  
AEST/NSW Time

\*Please adjust to your time zone if necessary

### Where

This event will be held online via Zoom.

Instructions will be emailed to you before the event. If you have any accessibility needs, please let us know during registration.

### This program is for

Professionals who work with young children and their families.

ECI and ECE students.

### Facilitator

This program will be facilitated by senior speech pathologist Julie Cowmeadow

### More info

For more information or any questions, please contact Mana, Education manager  
[mana@plumtree.org.au](mailto:mana@plumtree.org.au)

Register now

[plumtree.org.au/event/sharing-sensitive-news](http://plumtree.org.au/event/sharing-sensitive-news)



## Supporting children's sensory needs in libraries



### Learn about supporting children with sensory processing challenges at the library

The library environment can significantly influence the behaviour and social interactions of children with sensory processing needs. For instance, a child who is sensitive may avoid busy, bright, or noisy areas, while a child who seeks sensory input might enjoy more movement or tactile experiences.

Join us for this interactive workshop designed to equip library staff with practical tools to support children with sensory needs. You'll gain valuable insights into sensory processing, explore strategies to create inclusive environments and learn how to engage meaningfully with children experiencing sensory differences.

#### Learn about:

- The characteristics of sensory seekers and sensory avoiders
- How to understand responses related to sensory needs
- Ways to create a sensory-sensitive environment
- Strategies to support children in transitioning and self-regulating during activities

#### Cost

Free

#### Date and time

Module 1: Tuesday 12 November; 1pm to 3pm  
Module 2: Tuesday 19 November; 1pm to 3pm  
AEST/NSW Time

#### Location

This event is held online using Zoom. Instructions will be emailed to you prior to the event. If you have accessibility needs, please advise during registration.

#### This session is for

All public library staff

#### More information

For more information see the event page or feel free to email [margaret@plumtree.org.au](mailto:margaret@plumtree.org.au)

#### Your facilitators

Mary, Occupational Therapist from our NDIS team and Kylie trained parent-peer worker from the Libraries team who is raising a child with disability.

## Register your interest

[plumtree.org.au/event/sensory-support-for-library-staff-nov](http://plumtree.org.au/event/sensory-support-for-library-staff-nov)



## Ask us anything: Inclusion for library staff



### A parent-peer worker Q&A on making your library more inclusive

Meet Libraries as Community Connectors team members Marie and Kylie and discuss any questions or concerns about including children with developmental delay and disability in your library programs.

Marie and Kylie are raising a child with developmental delays or disability and enjoy visiting libraries with their families. As trained parent peer workers at Plumtree, they liaise with parents and carers, develop and facilitate programs, and collaborate with the team to provide support for families.

This workshop provides a safe space for discussion and establishes a community of practice for library staff across Australia.

#### Topics to explore include:

- Different scenarios to enhance inclusion in your library programs
- Information that families have shared with us in our surveys
- Opportunities for libraries to share information on what they're doing well

#### Cost

Free

#### Date and time

Wednesday 27 November

1pm to 2.30pm\* AEST/NSW Time

\*Make sure to adjust to your time zone

#### Location

This event is held online using Zoom. Instructions will be emailed to you prior to the event.

If you have accessibility needs, please advise during registration.

#### This session is for

All public library staff

#### More information

For more information see the event page or feel free to email [marie@plumtree.org.au](mailto:marie@plumtree.org.au)

#### Your host and facilitators

Hosted by Rob Thompson, a State Library of NSW visiting scholar & library ambassador. Rob will lead the discussion with Marie, parent-peer worker at Plumtree.

## Register your interest

[plumtree.org.au/event/quanda-inclusion-for-library-staff](http://plumtree.org.au/event/quanda-inclusion-for-library-staff)

