

# Nature Play

# Everything your child needs to develop their skills is readily available in the bush



Plumtree Nature Play is about getting back to basics and having fun outside.

Nature Playgroup is all about connecting with nature, having fun outdoors, and learning through play alongside others. Karen and Cathy, Occupational Therapists, will support the development of these skills. Each day in the bush is different.

Learning outcomes could include:

- Fostering your child's independence as they discover how to engage with the environment and develop essential self-help skills.
- Fostering connections among peers as they engage in group activities and outdoor adventures allows for shared experiences and opportunities for new friendships.
- Learning and exploring through adventure, guided by the weather and the ever-changing natural surroundings. Throughout the group's duration, participants will have an opportunity to suggest and review activities they'd like to explore together.

Activities may include:

- · making mud pies,
- · building with natural materials,
- slowing down to investigate & enjoy small wonders,
- · climbing rocks, nature art & craft,
- learning about textures





#### Cost

Total cost \$226

Full payment is required. Missing the session cannot be refunded. Cancellation fees apply in accordance with the service agreement and NDIS price guidelines.

The cost of the program can be covered using:

- NDIS funding
- Private Payment

Siblings who are not NDIS recipients are very welcome to attend as well (for free)

No payment necessary during the registration of Interest

#### Date and time

Wednesday 29 January, 10am to 12pm AEST/NSW time

## Location

Wolli Creek Regional Park
Girrawheen Picnic Area - Wolli Creek
Parents and child/children, will need to make their
own way there.

### This session is for

Families of children with disability, developmental delay or concerns about their development aged 0-8.

#### More information

For more information see the event page or feel free to email mana@plumtree.org.au











