

## Nurturing opportunities for children's independence



### Building a strong foundation for the future

Independence is a key part of growing up. How can we foster community participation for children with developmental delays, disabilities, or neurodiverse diagnoses?

This workshop offers practical strategies for parents to support their child's independence and lay a strong foundation for their future.

#### Come along to explore:

- Encourage community engagement from an early age
- Leverage family and community support for positive outcomes
- Overcome challenges and advocate for inclusion.

We'll also share a comprehensive list of inclusive activities for preschool-aged children and our School & Life program, supporting children up to 8 years old.

The 'Let's talk about...' sessions are designed by families for families to discuss various topics and learn together. They are facilitated by trained parent-peer workers raising a child with developmental delay or disability.

## Register your interest

[plumtree.org.au/event/lta-opportunities-for-independence](http://plumtree.org.au/event/lta-opportunities-for-independence)

**Cost**  
Free

#### Date and time

Monday 3 March

7.30pm to 9.00pm\* AEDT/NSW time

\*[Make sure to adjust to your time zone](#)

#### Location

Online via Zoom

#### This session is for

Parents, primary carers and family members of children with disability, delay or developmental concerns aged 0-8 years

#### More information

For more information see the event page or feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

