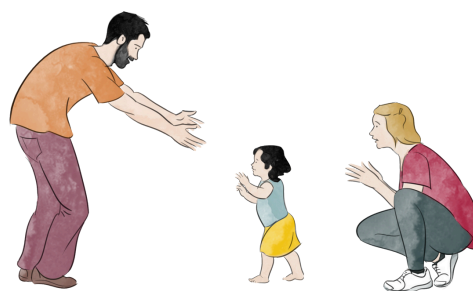


Circle of Security Monday evening



An evidence-based program that supports and strengthens child-parent relationships.

Circle of Security is an evidence-based program that supports and strengthens child-parent relationships. Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How can we honour our innate wisdom and desire for our children to feel secure?

While Circle of Security is not a disability-specific program, it will allow families to use the approach to their child's specific needs.

Cost

Free

Date and time

8 x weekly online sessions; 2 hours each
From Monday 10 February to Monday 31 March;
7.30pm to 9.30pm* AEST/NSW time

[*Make sure to adjust to your time zone](#)

Location

Online via Zoom

This program is for

All parents and caregiver of children aged 0-12 years old

More Info

If you would like to discuss this program further, please feel free to contact Mana at mana@plumtree.org.au

Express your interest



Plumtree Children's Services
Yabsley Avenue, Jarvie Park
Marrickville NSW 2204
Phone: 02 9572 8840

Email: info@plumtree.org.au
www.plumtree.org.au
ABN 62 664 994 050
CFN 11220

