

# Carer Gateway info session



# Support and resources for your caring role

Are you a parent, carer, or family member of a child with a disability, developmental delay, or concerns about their development?

The Carer Gateway, a national support service, provides free, personalized assistance to help you navigate the challenges of caregiving. Whether you're looking to reduce stress, plan ahead, or access helpful resources, the Carer Gateway is here to support you.

In this session, we'll explore a range of services, including counselling, peer support, planned and emergency respite, and carer-directed packages. You'll also learn how to navigate the carer support planning process and access these services.

You'll hear from Kylie, a peer worker at Plumtree, who will share her personal experience with the Carer Gateway, offering valuable insights into how these supports can make a difference.

### Join us to:

- Gain a clear understanding of the Carer Gateway and its services
- Learn how to access support
- Receive guidance on carer support planning
- Hear from another parent about their experience with the Carer Gateway

## Cost

Free

### Date and time

Thursday 5 December; 7.30pm to 9.30pm\*
AEST/NSW Time

\*Please adjust for your time zone if necessary.

### Location

Online via Zoom

### This program is for

For families of children who may have a disability, developmental delay, neurodivergence, or concerns about their development.

### More information

This session will be hosted by Shanelle Beazley -Partnership and Engagement Officer at the <u>Benevolent Society</u>.

For more information, feel free to email mana@plumtree.org.au

# Register your interest

plumtree.org.au/event/carer-gateway-info-session







This session is sponsored by MyTime.



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