

Now & Next™



Discover strategies that achieve lasting positive change for your child and family

Life can be overwhelming for parents or carers if their children don't develop or behave in the same way as other children. Parents often wonder if there is something more they could be doing to help.

Now & Next is an 8-session interactive program that can help you make a positive difference for your child and the whole family.

We know that parents and carers make the biggest difference in their child's life. Your time is valuable. Now & Next has changed the lives of families with strategies that work—and we have been measuring the outcomes that prove it.

Join the program and you will

- Learn how to achieve more with less effort
- Use your strengths to make small changes that create a big impact for your child
- Learn how to increase the well-being and resilience of your entire family
- Learn strategies that have worked for other families
- Use our practical toolkit to get the best for your child when funding is limited

Cost

[For families connected to the NDIS](#)

The total cost is \$1,232 AUD per person or couple.

The cost of the program can be covered using:

- NDIS funding
- Private Payment

[For families in Australia not connected to the NDIS](#)

Please register your interest online, and one of our friendly peer facilitators will contact you to discuss available options.

[For families in New Zealand and the rest of the world](#)

Please contact Eram at eram@fitrust.org for more details

Date and time

See our website for available dates and times

Location

Online via Zoom

This program is for

Parents, family members and primary carers of children with disability, developmental delay or neurodivergence aged 0-12 years old.

More Info

For more information, please contact the Now & Next team eram@plumtree.org.au

Learn more



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