

MyTime Plumtree



Connecting parents with their peers

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

It's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information go to www.mytime.net.au

We value diversity and welcome families of all compositions.

Cost

Free

Date and time

Wednesday fortnightly through the term

Session 1: Wednesday, 14 August

Session 2: Wednesday, 28 August

Session 3: Wednesday, 11 September

Session 4: Wednesday, 25 September

All sessions 11am to 1pm Sydney time

We are also holding an online MyTime workshop on Friendships during the early years on Thursday, August 29th. You must register for this separately.

Location

At Plumtree House

19 Yabsley Avenue, Marrickville NSW

Please come through from the street, rather than the park. If you're not based in Sydney or can't visit our premises, please join the group online. Simply select the 'joining online' option.

This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

Childminding

Childcare is provided upon booking.

More information

For more information, feel free to email mana@plumtree.org.au



Register your interest

www.plumtree.org.au/event/mytime2



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