

## MyTime Plumtree



### Connecting parents with their peers

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

It's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information go to [www.mytime.net.au](http://www.mytime.net.au)

We value diversity and welcome families of all compositions.

### Cost

Free

### Date and time

Wednesday fortnightly through the term

Session 1: Wednesday, 14 February

Session 2: Wednesday, 28 February

Session 3: Wednesday, 13 March

Session 4: Wednesday, 27 March

Session 5: Wednesday, 10 April

All sessions 11am to 1pm Sydney time

### Location

At Plumtree House

19 Yabsley Avenue, Marrickville NSW

Please come through from the street, rather than the park.

### Childminding

Childcare is provided upon booking.

### More information

For more information, feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)



## Register your interest

[plumtree.org.au/event/mytime](http://plumtree.org.au/event/mytime)



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