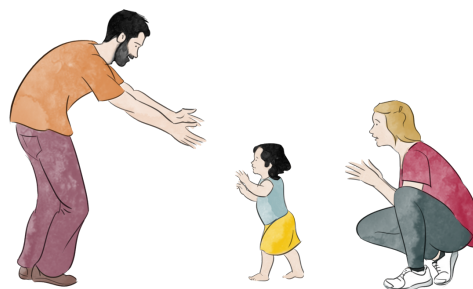


Circle of Security Monday



An evidence-based program that supports and strengthens child-parent relationships.

Circle of Security is an evidence-based program that supports and strengthens child-parent relationships. Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How to honour our innate wisdom and desire for your child to be secure.

Cost

Free

Date and time

8 x weekly online sessions; 2 hours each
From Monday 5 February to Monday 25 March
7.30pm to 9.30pm AEDT/NSW time

Location

Online via Zoom

Age Focus

For parents and carers of children aged 0-12 years old.

Priority will be given to families of children with disability or developmental delays.

More Info

If you would like to discuss this program further, please feel free to contact Mana at mana@plumtree.org.au

Register your interest

plumtree.org.au/event/circle-of-security-monday-T124



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