

## Nature Time

**Everything your child needs to develop their skills is readily available in the bush**

Join us for a 5-week after-school nature group on Bidjigal country at Girawheen Reserve, Earlwood.

This group aims to promote independence, social connection, and exploration in the great outdoors.

Nature Time is all about connecting with nature, having fun outdoors, and learning through play alongside others. Karen and Cathy, Occupational Therapists, will support the development of these skills.

**Learning outcomes will be personalised and could include:**

- Fostering your child's independence as they discover how to engage with the environment and develop essential self-help skills.
- Fostering connections among peers as they engage in group activities and outdoor adventures – allowing for shared experience and opportunities for new friendships.
- Learning and exploring through adventure, guided by the weather and the ever-changing natural surroundings.

Participants will have an opportunity to suggest and review activities they'd like to explore together throughout the duration of the group.



### Cost

The total cost is determined by the number of registered NDIS participants in attendance, ranging from \$485 to \$776. Cancellation fees apply in accordance with the service agreement and NDIS price guidelines.

The cost of the program can be covered using:

- NDIS funding
- Private Payment

Siblings who are not NDIS recipients are very welcome to attend as well (for free)

No payment necessary during the registration of Interest

### Date and time

5-week after-school program; 1.5 hours each session

From Tuesday 14 November to Tuesday 12 December, 3.30pm to 5.00pm

Parents must stay on-site during the session. Participation is warmly welcomed.

### Location

Wolli Creek Regional Park  
Girrahween Picnic Area - Wolli Creek

Parents and child/children, will need to make their own way there



Register your interest:

[plumtree.org.au/event/nature-time-t423](http://plumtree.org.au/event/nature-time-t423)



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