

Now & Next™ online



Discover strategies that achieve lasting positive change for your child and family

Life can be overwhelming for parents or carers if their children don't develop or behave in the same way as other children. Parents often wonder if there is something more they could be doing to help.

Now & Next is an 8-session interactive program that can help you make a positive difference for your child and the whole family.

We know that parents and carers make the biggest difference in their child life. Your time is valuable. Now & Next has changed the lives of families with strategies that work—and we have been measuring the outcomes that prove it.

Join the program and you will

- Learn how to achieve more with less effort
- Use your strengths to make small changes that create a big impact for your child
- Learn how to increase the well-being and resilience of your entire family
- Learn strategies that have worked for other families
- Use our practical toolkit to get the best for your child when funding is limited

Learn more



*Parents who have completed the Now and Next program reported on the achievements of their child outcomes at the end.

A Plumtree Learning initiative

Program overview

Starting with strengths of your child and family, you plan the first practical 'next step' to get going. These easy-to-achieve steps are the building blocks for creating the best life for your child and the whole family.

Now & Next has given me a very clear template to use to look at what's working/not working - how to change plan - how to set and achieve goals. It all makes sense in my head now with a clear path"

~ Mother, WA

You will learn from our knowledgeable facilitators, other parents and carers in the group. Together, you will share what has worked and how to navigate the system to find what is right for your child. Rest assured, what's shared in the group, stays in the group. Your privacy is paramount.

It has changed our focus from the lack of ability of therapies to what we can do for our family with what we have. Being able to celebrate the little wins has brought joy to our family

~ Father, NT

There is so much you can do right now. Every family has the potential for a good life—all you need are the right tools. Now & Next gives you the confidence to tackle any challenge that your family may face, now and into the future.

It has changed the way I view and interact with my son and my husband. I feel like we now have a bit more structure and I have the tools to tackle issues I felt overwhelmed by before. It has also reminded me that it's ok to be 'selfish' sometimes. My mum always says, "you can't pour out of an empty cup", and I think, it finally makes sense to me

~ Mother, NT

Learn more



Already accessing professional support?

We show you how to maximise the services you are using by building strong relationships with your child's team.

Don't have any support?

We help you to make the best use of what is available in your community by making small changes that will set you and your child on the right path.

Program details

For families not connected to NDIS

Now & Next sponsored Groups are available for families not connected to the NDIS, funded by the Australian Government Department of Social Services.

For families connected to NDIS

Now & Next NDIS is for families connected to the scheme. The program's cost can be claimed through NDIS Capacity Building funding for Improved Daily Living*

The total cost is A\$1,133.92 per person or couple
Only a limited number of couples per group.
(Cost = \$70.87 x 2 hours x 8 sessions).

*NDIS Price Guide, listed as "Item number 117 – Development of Daily Living and Life Skills, Improved daily living skills, 15_038_0117_1_

For families in New Zealand

The cost may be covered under Individual Funding arrangements with the New Zealand Ministry of Health or paid privately.

The total cost is NZ\$1,284.64 per person or couple – only a limited number of couples per group.

For families in other countries

Please contact eram@plumtreelearning.com for registrations and to determine the costs in your local currency.

For more information, please contact the Now & Next team on eram@plumtreelearning.com
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