

# MyTime Plumtree



MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

Connecting parents with their peers

Ilt's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information go to <a href="https://www.mytime.net.au">www.mytime.net.au</a>

We value diversity and welcome families of all compositions.



## Cost

Free

#### Date and time

Wednesday fortnightly through the term

Session 1: Wednesday, 18 October Session 2: Wednesday, 1 November Session 3: Wednesday, 15 November Session 4: Wednesday, 29 November Session 5: Wednesday, 13 December All sessions 11am to 1pm Sydney time

#### Location

At Plumtree House 19 Yabsley Avenue, Marrickville NSW Please come through from the street, rather than the park.

# Childminding

Childcare is provided upon booking.

### More information

For more information, feel free to email mana@plumtree.org.au



# Register your interest

plumtree.org.au/event/mytimet423







