

Sensory support for your child

Let's explore the sensory needs of our children and possible strategies that can help with sensory regulation.



Children with sensory processing challenges respond differently to sight, sound, taste, smell and touch. The environment at home, school or in the community can affect their behaviour, social interactions and development.

For example, a child who is undersensitive may enjoy lots of movement and hugging others. Sitting still and concentrating can be a challenge. A child who is oversensitive can find it hard to go to busy, brightly-lit places. They may want to avoid noisy activities and sounds.

This workshop aims to help parents understand their child's sensory needs and explore strategies that can help with sensory regulation.

Come along to explore:

- The differences between sensory seekers and avoiders
- Identifying challenging behaviours due to unmet sensory needs
- Tips on how to create a sensory sensitive environment
- Strategies for transitions and regulating your child

Cost

Free

Date and time

Tuesday 7 November
7.30pm to 9.30pm EAST/NSW time

Location

Online via Zoom

This session is for

Parents, primary carers and family members of children with disability or delay aged 0-8 years.

More information

For more information see the event page or feel free to email mana@plumtree.org.au

Your facilitator

Kylie, a trained Peer worker who is raising a child with a disability. An occupational therapist will also be attending to answer questions.

The 'Let's talk about..' sessions are designed by families for families to discuss various topics and learn together. The sessions are facilitated by trained parent-peer workers raising a child with developmental delay or disability. Guest speakers might also be invited.

Register your interest

plumtree.org.au/event/sensory-support-for-your-child/t423



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