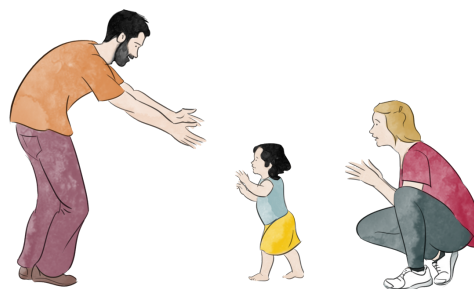


## Circle of Security



### **An evidence-based program that supports and strengthens child-parent relationships.**

Circle of Security is an evidence-based program that supports and strengthens child-parent relationships. Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

#### Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How to honour our innate wisdom and desire for your child to be secure.

#### **Cost**

Free

#### **Date and time**

8 x weekly online sessions; 2 hours each  
From Monday 16 October to Monday 4 December  
7.30pm to AEDT/Sydney time

#### **Location**

Online via Zoom

#### **Age Focus**

For fathers and other male primary carers of children aged 0-12 years old  
Priority will be given to families of children with disability or developmental delays.

#### **More Info**

If you would like to discuss this program further, please feel free to contact Mana at [mana@plumtree.org.au](mailto:mana@plumtree.org.au)

## Register your interest

[plumtree.org.au/event/circle-of-security-fathers/T423](http://plumtree.org.au/event/circle-of-security-fathers/T423)



Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204  
Phone: 02 9572 8840

Fax: 02 9011 7077  
Email: [info@plumtree.org.au](mailto:info@plumtree.org.au)  
Facebook: [@plumtree2204](https://www.facebook.com/plumtree2204)  
[www.plumtree.org.au](http://www.plumtree.org.au)

ABN 62 664 994 050  
CFN 11220