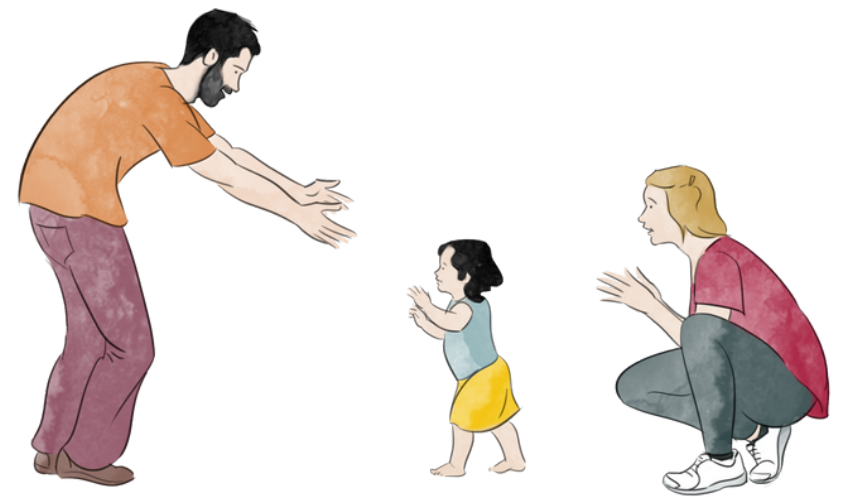


Circle of Security



An evidence-based program that supports and strengthens child-parent relationships.

Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

While this is not a disability-specific program, it will provide families with an opportunity to use the Circle of Security approach for your child's specific needs. It will also provide parents with a basic understanding of Attachment Theory and the vital role a parent has in creating a base from which emotional intelligence can flourish.

Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How to honour our innate wisdom and desire for your child to be secure.

Cost

Free

Date and time

8 weekly 2-hour sessions; 2 hours each from Tuesday 12 October to Tuesday 30 November 2021
7.30pm to 9.30pm AEDT
(NSW, VIC, QLD, TAS time)
RSVP by Wednesday 6 October

Location

Online via Zoom

Age Focus

For parents, family members and primary carers of children aged 0-12 years old
Priority will be given to families of children with disability or developmental delays.

More Info

If you would like to discuss this program further, please feel free to contact Mana at mana@plumtree.org.au

Register your interest

plumtree.org.au/event/circle-of-security-online-t4



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