Getting Started Date:

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| What is going well for you right now?  What do you enjoy doing with your child?  What makes your child happy? Excited? How does he/she express this?  What helps him/her to be calm? | What is hardest for you right now? Who is helping you with this?  What are your main concerns for your child?  What does your child dislike? How does he/she express this?  What upsets your child - what makes him/her angry, frustrated, sad? | |
| Who are the important people in reaching your goals for your child?  We will take contact details separately – this is the ‘big picture’of who’s involved, starting with family and informal supports. | | What are you working towards already?  What are you most looking forward to working towards? |
| What else would you like to add at this stage, to help us work well together? | | |